



# LAKESIDE HASH HOUSE HARRIERS

Trash Mag 2018

What a KOK UP!

Annual

## The Year of Kok Up



**Kokup** worked in the Army in the Special Operations Logistics Squadron. One day his commanding Ordnance Corps Officer directed him to order four candles. Kokup went ahead and ordered a container load of fork handles. He was to be christened Major FuckUp but we already had one of those, so Kokup he became.

**July 2017 to June 2018**



# LAKESIDE HASH HOUSE HARRIERS

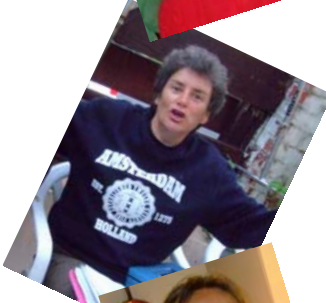
Trash Mag 2018

## KOK UP'S TEAM

What a KOK UP!



<b>Grand Master</b>	<b>Kokup</b>
<b>Sergeant</b>	<b>Prickly Bush</b>
<b>Hash Cash</b>	<b>Gargoyle</b>
<b>Hash Trash</b>	<b>Punch</b>
<b>Web Master</b>	<b>Swingers</b>
<b>Trail Master</b>	<b>Prince</b>
<b>Grog Master</b>	<b>NickelB</b>
<b>Grog Master</b>	<b>Point Post</b>
<b>Hash Flash</b>	<b>Lotsafun</b>
<b>Religious Adviser</b>	<b>Astro</b>
<b>Haberdash</b>	<b>Cut Loose</b>
<b>Social Sex</b>	<b>Colours</b>
<b>Checkin' Chicken</b>	<b>Cooch</b>
<b>Secretary</b>	<b>Cheesecake</b>



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Printed by: ACTION PRINTING PTY LTD, 253 AUBURN ROAD, HAWTHORN 3122

Tel: 9882 8144 Web: [www.actionprinting.com.au](http://www.actionprinting.com.au)



# LAKESIDE

## HOUSE HARRIERS

Trash Mag 2018

### GM'S REPORT 2017-18— Kok Up



#### What a KOK UP!

What a fantastic and successful year it's been for Lakeside. We've had really good attendances at our Wednesday runs, averaging 26 hashers per week, including 72 visitors from overseas, interstate and local hash clubs. A few of the visitors even decided to stay and are now regular runners.

Some very special runs for the year included, Christmas in July, the LH3 1800<sup>th</sup>, Mothball's 70<sup>th</sup>, Cooch's 60<sup>th</sup>, Astro's 69<sup>th</sup>, the Christmas Party at Kangaroo Ground, the combined H3 run arranged by Bionic & MH3 and our 34<sup>th</sup> Anniversary run. Lakesiders also attended other club's AGPU's, the 50<sup>th</sup> Anniversary of Hash in Hobart, the back to Nash Hash in Balarat and Interhash in Fiji.

One of the really enjoyable attributes of Lakeside runs is the nosh - not only with special runs, but also with some of the regular runs set from homes or parks - when hares often put in that extra bit of effort to produce delicious and memorable meals. It's probably not acknowledged enough, but we all enjoy it, so well done hares and please keep up the good work (meals). In particular, the spectacular dining experience put on by Tiger Moth and Mothball at last year's Christmas in July was one not to be missed.

We've had some fun during the year with the Mug of the Week award (until we ran out of mugs) and the Haberdash 'Be Seen, Be Safe' campaign which was popular with visitors and resulted in hashers with multiple wrist bands flashing like Christmas trees on dark runs.

This year we also had many injured/sick hashers, but it's good to see everyone back on their feet and walking/running again.

The role of GM took a little getting used to and then it became enjoyable, especially when we

got past some of the formal requirements of being an Incorporated Association. To ensure we meet our obligations, provide some continuity and assist new Committee members in future, Cheesecake agreed to be the Secretary of LH3 Inc. and to act as a Governance Officer over several years. The Committee has been quite active behind the scenes and I think successful in ensuring the runs and special events were kept enjoyable, non-PC and in the spirit of hash. Thanks to all of the Committee members for attending our meetings and contributing to a successful hash year.

In particular, Prince made sure we had a hare each week, helping out if necessary and provided plenty of notice for runs. He also added some humour with poetic introductions and attempts at second guessing the run route. Prince penned the brilliant phantom Lakeside Mug call in November and several other verses during the year. Just before his own run last year he was bed ridden, so he got out of bed, set the run, left a note that 'it starts over the bridge' and went back to bed. He also keeps the old Lakeside 'Books' and managed to pore over old records and count up the number of runs for several hashers who had lost count of runs completed. Well done Prince.

Many thanks to Egg and Bacon Pie for compiling Lakeside's end of year magazine again and for compiling the photos for the power-point presentation at the AGPU.

I hope the incoming GM and new Committee have fun and enjoy the 2018-19 hash year.

*On On  
Kok Up*



# LAKESIDE HASH

## GROG MASTER'S REPORT 2017-18— Point Post

What a KOK UP!

Annual



MARRIE  
Mag 2018



Fortunately I was the one with the 4 car basement garage and large 4WD wagon.

As Kokup, the previous grog master, passed on to me about 15 slabs of beer and softies.

I managed to maintain the supply of high quality beers and wines courtesy of Dan Murphy's specials, without having to go to cheapo Aldi stuff. So no complaints, except those digging for the elusive Guinness – only comes on special about twice a year.



Never ran out of beer – well almost never. And finally managed to run out of the strange collection of soft drinks passed on to me – now the choice is Ginger Beer or Diet Ginger Beer.

*Editorial licence: where we'd be without the Grog Master—a bunch of very serious old men!*

Consumption about:-

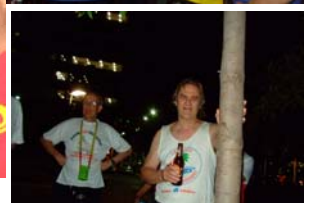
- Heavy 700 bottles
- Light 400 .. most used for down downs
- Cider 50 ..
- Soft 100 ..
- Wine 50 ..



And we ended the year with more money than we started.

So it looks like you all remembered to pay for your drinks.

*The night the UN came to Lakeside!  
Great night at Klingon's.*



On On  
Point Post

But thankfully we have a Grog Master and so we're saved!





LAKESIDE

HOUSE HARRIERS

Trash Mag 2018

**GROG MASTER'S (DRINK POURER)  
REPORT 2017-18—NickelB**

**What a KOK UP!**

**Annual**



What to say?

The holding of the Hash circle with down-downs is an old Hash tradition dating back to when cars were nearly non-existent and Breathalysers unheard of. In today's world where the roads are full of cars and Breathalysers ubiquitous Lakeside gives a choice of a small drink of light beer or water for the down-downs. Thus no one need fear being "over the limit" due to having to do down-downs but Hash traditions are maintained.

On average I managed to get 4.5 glasses of beer from one bottle and for the On Downs we used five or six bottles. In addition there were normally 5 people who preferred water. That is we normally averaged a bit under 30 down downs per night.

Below is my 5 minute management course, including some management hints for the incoming committee and any other hashers who are still young enough to be working.



...enjoying the Grog Master's toil

**Lesson 1**

A priest offered a Nun a lift. She got in and crossed her legs, forcing her gown to reveal a leg.

The priest nearly had an accident. After controlling the car, he stealthily slid his hand up her leg. The nun said, 'Father, remember Psalm 129?'

The priest removed his hand. But, changing gears, he let his hand slide up her leg again. The nun once again said, 'Father, remember Psalm 129?'

The priest apologized 'Sorry sister but the flesh is weak. Arriving at the convent, the nun sighed heavily and went on her way. On his arrival at the church, the priest rushed to look up Psalm 129. It said, 'Go forth and seek, further up, you will find glory.'

**Moral of the story:**

*If you are not well informed in your job, you might miss a great opportunity.*

**Lesson 2**

A sales rep, an administration clerk, and the manager are walking to lunch when they find an antique oil lamp. They rub it and a Genie comes out. The Genie says, 'I'll give each of you just one wish.'

'Me first! Me first!' says the admin clerk. 'I want to be in the Bahamas, driving a speedboat, without a care in the world.' Poof! She's gone.

'Me next! Me next!' says the sales rep. 'I want to be in Hawaii, relaxing on the beach with my personal masseuse, an endless supply of Pina Colodas, and the love of my life.' Poof! He's gone.

'OK, you're up,' the Genie says to the manager. The manager says, 'I want those two back in the office after lunch.'

**Moral of the story:**

*Always let your boss have the first say.*



# LAKESIDE HASH HOUSE HARRIERS

Trash Mag 2018

What a KOK UP!

Annual



### Lesson 3

An eagle was sitting on a tree resting, doing nothing. A small rabbit saw the eagle and asked him, "Can I also sit like you and do nothing?" The eagle answered: "Sure, why not."

So, the rabbit sat on the ground below the eagle and rested. All of a sudden, a fox appeared, jumped on the rabbit and ate it.

#### Moral of the story:

*To be sitting and doing nothing, you must be sitting very, very high up.*

### Lesson 5

A little bird was flying south for the winter. It was so cold the bird froze and fell to the ground in a large field. While he was lying there, a cow came by and dropped some dung on him. As the frozen bird lay there in the pile of cow dung, he began to realize how warm he was. The dung was actually thawing him out!

He lay there all warm and happy, and soon began to sing for joy. A passing cat heard the bird singing and came to investigate. Following the sound, the cat discovered the bird under the pile of cow dung, and promptly dug him out and ate him.

#### Moral of the story:

*(1) Not everyone who shits on you is your enemy.*

*(2) Not everyone who gets you out of shit is your friend.*

THUS ENDS THE  
5-MINUTE  
MANAGEMENT  
COURSE.

On On  
NickelB

### Lesson 4

A turkey was chatting with a bull. 'I would love to be able to get to the top of that tree' sighed the turkey, 'but I haven't got the energy.' 'Well, why don't you nibble on some of my droppings?' replied the bull. 'It's full of nutrients.' The turkey pecked at a lump of dung, and found it actually gave him enough strength to reach the lowest branch of the tree. The next day, after eating some more dung, he reached the second branch. Finally after a fourth night, the turkey was proudly perched at the top of the tree.

He was promptly spotted by a farmer, who shot him out of the tree.

#### Moral of the story:

*Bull Shit might get you to the top, but it won't keep you there...*





# LAKESIDE HASH HARRIERS

## HASH CASH REPORT 2017-18—Gargoyle

What a KOK UP!

Annual



Well, wasn't I duped well and truly? I'm sure it was at an Asian Restaurant that Deeper brought along the hash cash books looking for a sucker to take over from Prickly Bush. Me, of good heart, thought I was just filling in for a few weeks but alas No! I was quietly informed that Prickly would come over to my house and show me the ropes. So I have learned quickly Microsoft Excel and I am pleased to announce that the books kinda add up. The \$2000 from Nash Hash has helped to finance our Christmas Party so members were given a great discount. The Hash also helped to subsidise the rain jackets for members. As always, so I'm informed, getting receipts has still been an issue so please, please, try and rectify this for next year. The Grog Master keeps asking me for money because you buggers keep making up sooooooo many charges and drinking up all the profits. So I'm happy to inform you that next year everyone is going to have soft drinks!

Income		Expenses	
Opening Balance	\$7,074.33	<i>Includes \$1,000 Ballsup float</i>	
Income		Expenditure	
Membership Fees	1,975.00	Drink Stops	218.00
Run Fees	4,496.00	Run Food	4,134.00
Haberdash	1,941.70	Circle Drinks	375.00
Xmas Party	750.00	Haberdash	4,834.50
Donations	197.10	Xmas Party	1,951.00
Nash Hash	2,000.00	AGM	370.00
		Misc	37.00
<b>17/18 Income</b>	<b>\$11,359.80</b>	<b>17/18 Expenditure</b>	<b>\$11,919.50</b>
		Balls Up Transfer	1,000.00
		<b>Total Expenditure</b>	<b>\$12,919.50</b>
<b>Closing Balance</b>	<b>\$5,514.63</b>		

On On  
Gargoyle



The Hash Cash can afford new shoes! Sinner!





# LAKESIDE HASH HOUSE HARRIERS Trash Mag 2018

**FLASH REPORT  
2017-18—Lotsafun**

**What a KOK UP!**

**Annual**



When Kokup cornered me one night at a hash run to be the Official Hash Flash for Lakeside for the year 2017-2018, I told him that I was not computer savvy enough to do all the fancy stuff of uploading pictures onto our hash website. Now do you think I could get away that easily with that excuse? The answer is an obvious NO! So I ended up being the Hash Flash, clicking away like mad on every Wednesday night.

Now you may think that the Hash Flash job is an easy one. Not quite! First, you have to make sure that your camera is fully charged come every Wednesday night so that good photo opportunities are never wasted, then you have to be aware of the sensitivities of others – some like it when they are being photographed and will even pose for you but others don't. You learn very quickly I tell you. But at the end of the day, we are all at the hash to be happy and I respect their wishes. Last but not least, you must learn how not to take blurry photos. A good Hash Flash must know all these things!

This year, aside from being away for 4 weeks on our annual pilgrimage to KL for Chinese New Year in February 2018 and a trip to South Korea for 3 weeks in September 2017 for Sokcho Pan Asia Hash and recently to Japan to see the cherry blossoms for 3 weeks in March-April 2018, I reckon I was derelict in my duties as Hash Flash for a total of 10 out of 52 weeks. That works out to be 19.23% of the time that I was not doing my official duty.

I religiously took as many pictures as I could on every Wednesday night trying to give each hare their share of glory. Aside from the usual Christmas in July run at the Moths' residence and the official hash Christmas party at Swingers' and Pegmatite's place, we had a couple of milestone runs this year. Cooch turned 60 and celebrated it with a Neil Diamond theme at Mr Minh, then we had Astro's 70<sup>th</sup> followed by Monthball's 70<sup>th</sup> both celebrated at their respective homes. All these memorable events have been captured for posterity by my ever faithful little camera.

I end my tenure as Hash Flash with 2 of my favourite pictures to share with you all. On On to the new Hash Flash and whoever you are, you will get to inherit my Hash Flash T-shirt.

*On On  
Lotsafun*







# LAKESIDE HASH HOUSE HARRIERS Trash Mag 2018

## SCRIBE'S REPORT 2017-18—Punch

What a KOK UP!

Annual

What compels us to brave peak hour traffic, or travel like sardines on crowded public transport to get to Hash every Wednesday? Why do some continue to run on sore joints?

The answer's the exhilarating exercise while working as a team to find those arrows. Then On Home to well-deserved drinks, delicious nosh and post mortems of the tricky Checks and On Backs, injuries and any other happenings on trail. We Walkers spend most of the time chatting and are grateful when the Hare's Checks keep the Pack together.

We've welcomed our Returning Runners and Visitors from near and far, also Hashers newly arriving in Melbourne and Virgin Runners who have become Members.

Our latest naming was Jarrod who was christened 4 Pack by Astro who is very commanding once he puts his R.A's wig hat on his head. This song should be dedicated to 4 Pack and all the rest of us in this "Running Club with a drinking problem"-:

Only Klingon joins in to sing this. Apologies to Bubble Gum of Melbourne Ladies H3, as we know that the night they invented Champagne they thought of you and me.

I try to write all of the frivolities of the Circle, for posterity. Sometimes it's difficult in dark parkland if blinded by our lamplight and the Chargees are lined up in front of me so that I cannot see to read the lips of the Hasher making the next charge. It has been nice to

Thank you everyone who filled in as Scribe while I was out of action, injured. It was a pleasure to work with the rest of the Committee. All the best to the incoming Committee and may our happy feet always be Hashing.



Beer is best, beer is best  
Beer builds bonnie babies  
Beer has stood the test  
What did Adam say to Eve?  
Beer is best!  
Drink it down, down, down,



*On On  
Punch*



# LAKESIDE HASH

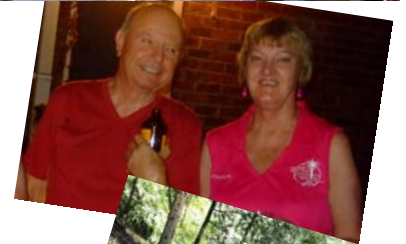
## HOUSE HARRIERS

Trash Mag 2018

### SOCIAL SEX REPORT 2017-18—Colors

What a KOK UP!

Annual

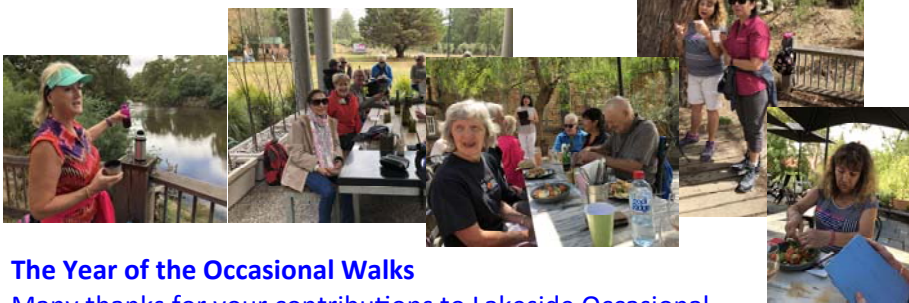


The year started in July 2017 with Lakeside's AGPU at the Rising Sun Hotel in South Melbourne, a hotel which has always looked after us over the years. It was a great night. We said goodbye to our GM Sweaty Box and welcomed Kokup as GM for the next 12 months.

November was all about the Spring racing Carnival. Udder and Gargoyle generously provided their house and gorgeous garden as the venue of our Melbourne Cup get together. Lethal kept us amused with a bit of class and lots of entertainment by delivering his 'Ode to the Melbourne Cup' poem. We had a Melbourne Cup Best Hat competition plus acres of scrumptious food.

December saw Lakesiders travelling out of town to St Andrews to the farmlet of Swingers and Pegmatite for our Christmas celebration. Swingers set a walkers and a runners trail through the magnificent countryside. Our drink stop was on top of a hill which provided 360 degree views of the surrounding rolling hills. It was a longish drink stop while the runners waited for the walkers who missed their own trail and ended up walking the entire runners trail.

It was hard to drag ourselves away from the beautiful views across the valley in front of Swingers' and Pegmatite's house but eventually we sat down to eat. Although we had Christmas Dinner catered, Pegmatite baked us the most sublime pavlovas – crispy on the outside, and soft and slightly chewy on the inside. Entertainment was provided by Lakesiders and the kangaroos cavorting in the paddocks.



### The Year of the Occasional Walks

Many thanks for your contributions to Lakeside Occasional Walks. We've had many enjoyable outings this year thanks to Hashers, friends and family and look forward to more.

Cutloose/Peanuts: Geelong Art Gallery for the 'Archibald and morning tea'

Cheesy/Cutloose: Eltham with a boozy morning tea to farewell

Springbok with birthday wishes back to Pretoria with lunch;

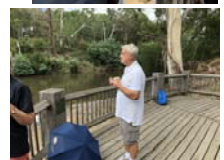
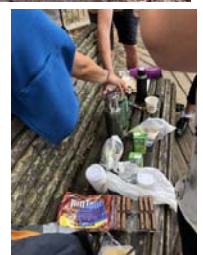
Codpiece: Mt Dandenong, Morning tea at Sassafras, lunch at the 'Piggery' and bush walk to Belgrave.

Lethal: Movie at Brighton

Udder: walk and lunch in Hastings via Frankston station

Astro: a chilly June morning walk in Woodend.

On On  
Colors





# LAKESIDE HASH

## HOUSE HARRIERS

Trash Mag 2018

### HABERDASH REPORT 2017-18— Cut Loose

What a KOK UP!

Annual



Deep in conversation with Pointy, Udder whinged "I have really good fashion sense but I'm just too poor to prove it. There is a thin line between looking *groovy* and looking homeless." Pointy replied "I know, I know, I can't go hashing as my workout clothes are dirty". "Really, been exercising?" a concerned Udder asked. "Alas" replied Pointy, in his delightful UK/NZ/Hawthorn accent, "No, no... pasta sauce".

Confronted with such drama and a gargantuan bag of stock that forced Cut Loose & Astro to sleep outdoors, Haberdash 2017-18 launched Operation Haber-diminish.

Stylish red rain jackets celebrating Lakeside's 1800<sup>th</sup> Run concealed Pointy's pasta stains and flattered Udder's svelte figure, while the discounted price brought tears of joy to his accountant's eyes. Speaking of bottom lines Sergeant Prickly was overheard whispering to fellow Harriettes "Trust me.... Yoga pants are the Push-Up bras of arses".

Unsuspecting visitors & Lakesiders were recipients of GM Kokup's Mug of the Week and finally there was an end to Bull-SOAS's 2012 AGPU giveaways (in the interim he's become a father, gone grey & made his feet happy by purchasing real runners).

Lakeside Polos & Singlets were snapped up in numbers. Happy shoppers included new runners Bulukau, Pseudo, Jarryd and Lakeside stalwarts Bollywood, Botak Chin, & Let Me Look. As if there were any doubt, Swingers proved he's got the best legs in Hash as he strutted about in his new shorts. He also did a sterling job updating the Haberdash webpage.

The "Be Seen Be Safe" campaign demonstrated Lakeside's caring nature while ridding Haberdash of two very large and annoying boxes. Mission accomplished. ✓

Apart from Kling On who would have preferred this T-shirt:



or maybe this T-shirt



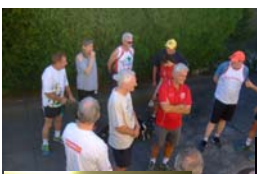
everyone else seemed very happy with their Special Run items. Just as well because Haberdash policy in 2017-18 was to not give a stuff what was chosen.

And finally, speaking of small but perfectly formed packages, dear naive Whippet purchased many pairs of Lakeside socks after he heard about the person who put on a pair of clean socks everyday. By the end of the week s/he couldn't get their shoes on.

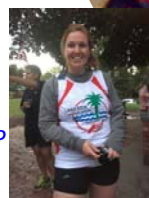
Haberdash before 2017



and after



HHHmmmm...everyone in LSH shirts except Cut Loose!  
Where's yer LSH t-shirt, Cutty???  
SHE SOLD THEM ALL!



...especially to the visitors

Cut Loose



# LAKESIDE HASH HOUSE HARRIERS

## WEBMASTER'S REPORT 2017-18— Swingers

What a KOK UP!

Annual

Trash



Well here we are at the end of my second year as Webmaster. I do hope my constant work updating the upcoming and past runs, uploading pictures and Hash Trash reports is appreciated by the members – I would hate to find out that no one ever reads these things!

We have two "official" Internet presences for the LSH3, namely:

Our Website, which can be found on <http://www.lakesidehash.asn.au>

Our Meetup site, which can be found on <https://www.meetup.com/Lakeside-Hash-House-Harriers-in-Melbourne>

We also have a mailing list, which is heavily used by our Trail Master to wax lyrical about the next run. To get onto the mailing list, send an email to [members-subscribe@lakesidehash.asn.au](mailto:members-subscribe@lakesidehash.asn.au), and to get off the list send an email to [members-unsubscribe@lakesidehash.asn.au](mailto:members-unsubscribe@lakesidehash.asn.au)

Currently we have 143 members registered on the Meetup site, which is interesting considering that there are only 50 paid up hashers !!!

*On On Swingers*

During the year we've had a few visitors to our runs who have found us on either the website or the Meetup site, which is always encouraging for your hard working Webmaster.

## CHECKIN' CHICKEN REPORT

2017-18— Cooch

I must be doing my job well because we haven't lost anyone ... yet.

I know I'm succeeding when there's chalk saturation, that is, nobody needs more chalk because they kept their piece from last week.

But there is one downside. Having chalk always seems to be a good excuse for lazy Hashers not to check it out. "Why aren't you checking?" I ask. "Because I'm marking the check" they say as they stand around chatting. At checks, there are nearly always more people chatting than checking!!! But at least people aren't getting lost. So therefore, I'm doing my job, as expected.



*On On Cooch*





# LAKESIDE HASH HOUSE HARRIERS

Trash Mag 2018

## RELIGIOUS ADVISOR'S REPORT 2017-18— Astro



### What a KOK UP!

Kokup alleges I have done nothing as RA all year. He may be right, but I am defensive and will try and explain why. According to Hash Law, a RA is responsible for the following: (Note – some Hash Clubs have different interpretations of this law)

1. Seek counsel with Zeus, the "God of the Sky" to ensure that vulnerable Hashers are not exposed to thunder, lightning and rain during hash runs.
2. Lead the rituals for Hash Virgins and the conduct of naming ceremonies for new hashers.
3. Anything else that the GM requests.

During my term as RA, I capably performed all of the above requirements:

1. There was no thunder, lightning or rain on any runs under my reign. There was a slight sprinkle when I set the 1800th Run, but Zeus was kind enough to settle the skies during the run.
2. There are no Virgins in Hash anymore to ritualise or anything else.
3. There was only two Namings - Hasher Kathryn who was named "Let Me Look" on Run 1804 and Hasher Jarrod who was named 4 - Pack at Run 1845.

### The Namings: -

#### Hasher Kathryn

At the 1800<sup>th</sup> Run held on 31 August 2017 at Bells Hotel in South Melbourne, the RA sought assistance from the pack for suitable names for Kathryn who had qualified by being a front running bastard for at least 10 runs. I actually interviewed Hasher Kathryn to dig for any relevant information that may assist with an appropriate naming. Apart from the fact that she helped people sneak into the country, Quicklay was her uncle and that she was a "nice girl", there was nothing to define her. Perhaps "Not so Nice" was a possibility?

However, at Run 1804 held on September 6, 2018, at the Cut Loose Palace, Kathryn was finally named "Let Me look". The Hash Scribe wrote



*Kathryn – Named "Let Me Look", following many beautiful suggestions and a democratic show of hands. (For those that can't remember it resulted from Lotsafun trying to pronounce 'Nitmiluk', the aboriginal name for Katherine Gorge and an inebriated RA trying to repeat what he thought he heard).*



#### Hasher Jarrod

There were rumours that Jarrod was heading for a warmer climate at Latitude 12S (Darwin). After seven runs it was agreed that he deserved to leave LH3 with a hash name. On a cold and blustery night at Sturt Reserve, South Melbourne, on 9 May, 2018, the pack considered names such as Pirate Chief, Roof Seal, Roof Ranger, Shingles, 4 Pack etc. And the winner was 4-Pack due to his routine of buying a 4-pack of beer for the journey home after each run.

*On On  
Astro*

**Future Naming:** "Shit off a Shovel" (SOAS) should be renamed "Bull Shit off a Shovel" (BSOAS) due to his fibbing antics during his pre-run report for the Anniversary Run at Albert Park Lake.

*Ed comment: sounds like a whinge... "fibbing" !!!*

**Disclaimer:** The above report is the opinion of Astro and may not represent the views of the LH3 Mismanagement Committee.



# LAKESIDE HASH

## TRAIL MASTER'S REPORT 2017-18— Prince

What a KOK UP!

Annual



Date	No.	Hare	Location
13 Jun 2018	1851	Klingon—Lakeside AGM	The Local, Port Melbourne (Nickel B—700 runs)
6 Jun 2018	1850	Prince and Rock Star (Virgin Hare)	Grandview, Fairfield (Lubang Oz—400 runs)
30-May-2018	1849	Swingers	Duke of Wellington, Flinders St, Melbourne
23-May-2018	1848	Point Post	Glenferrie Road, Hawthorn
17-May-2018	1847	Melbourne ladies Committee	North Fitzroy Arms, Rae Street, North Fitzroy
16-May-2018	1846	2 Bottoms	Leinster Arms Hotel, Gold St, Collingwood
09-May-2018	1845	Codpiece/Old Boar	Sturt St Reserve, Sturt Street, South Melbourne
08-May-2018	1844	Royal Peninsula Committee	Frankston Mechanics Institute, Plowman Place, Frankston
02-May-2018	1843	Whippet/Gerbils/Colours	Bawarchi Indian Restaurant, Station Street, Moorabbin
25-Apr-2018	1842	Cooch	Thai Style Restaurant, Church St, Richmond
18-Apr-2018	1841	NoBalls	Mountain Goat Brewery, North St, Richmond
11-Apr-2018	1840	Big Ears	Templestowe Hotel, Parker St, Templestowe Lower
04-Apr-2018	1839	E & B	Gasworks Park, Graham St, Albert Park
28-Mar-2018	1838	Kokup/Punch	Howard Dawson Reserve, Burke Rd, Glen Iris
21-Mar-2018	1837	Quicklay/Shu Shu	Temperance Hotel, Chapel St, South Yarra
14-Mar-2018	1836	Cut Loose/Cheesecake	Oakleigh Cemetery, Atherton Rd, Oakleigh
07-Mar-2018	1835	Shit Off A Shovel	coot Picnic Area, Albert park Lake, Melbourne
06-Mar-2018	1834	Excess Baggage	Yarraville-Footscray Bowling Club, Francis St, Yarraville
28-Feb-2018	1833	D & E Committee	Heidleberg Park, Beverley Rd, Heidleberg
21-Feb-2018	1832	Let Me Look/Noballs	Goat House Cafe & Bar, Elsternwick Place, Elsternwick
14-Feb-2018	1831	Cut Loose/Astro	Rotunda behind Middle Park Bowling Club, Middle Park
07-Feb-2018	1830	Prince/Point Post	Morell Bridge, Alexandra Parade, Melbourne



# LAKESIDE HASH

## HOUSE HARRIERS

Trash Mag 2018

### TRAIL MASTER'S REPORT 2017-18— Prince

What a KOK UP!

31-Jan-2018 <b>Annual</b>	1829	Mother Brown/Prince	B.J.Ferdinando Gardens, Beach Road, Hampton
26-Jan-2018	1828	Melbourne Mens HHH	Eastern Lions Soccer Club, Sixth Avenue, Burwood
24-Jan-2018	1827	Lubang Oz	Elgin Inn, Burwood Road, Hawthorn
17-Jan-2018	1826	NickelB/Lotsa Fun	Riversdale Rd, Hawthorn
10-Jan-2018	1825	Botak Chin/Bollywood	Victoria Gardens, High St, Prahan
03-Jan-2018	1824	Klingon/Addon	Mitford Street, St Kilda
27-Dec-2017	1823	Udder Idjit/Gargoyle	Beaconsfield Parade, St Kilda
20-Dec-2017	1822	Pog/GG	Brookville Gardens, Fairburn Road, Toorak
13-Dec-2017	1821	Cyclone Tracy	Docklands Park, Harbour Esplanade, Docklands
09-Dec-2017	1820	Pegmatite/Swingers	Kangaroo Ground-St Andrews Road, Kangaroo Ground
06-Dec-2017	1819	Tigermoth/Mothball	Lynn Drive, Ferntree Gully
29-Nov-2017	1818	E&B/Prince	Clyde Hotel, Cardigan Street, Carlton
22-Nov-2017	1817	Whippet/Girbils	Tulip Grove, Cheltenham
15-Nov-2017	1816	Cooch	Loi Loi Restaurant, 364 Victoria Street, Richmond
13-Nov-2017	1815	Melbourne Mens Committee	Eastern Lions Soccer Club, Sixth Avenue, Burwood
08-Nov-2017	1814	Cheesecake	Glen Huntly Park, Booran Rod, Caulfield East
01-Nov-2017	1813	2-Bottoms/Libido	Acacia Street, Box Hill
31-Oct-2017	1812	Excess Baggage	Tramway Hotel, Rae Street, North Fitzroy
25-Oct-2017	1811	Prickly Bush	Kalmia Street, Frankston
18-Oct-2017	1810	Quick Lay/Shu Shu	Imperial Hotel, Chapel Street, South Yarra
11-Oct-2017	1809	Big Ears	Koornong Cresnet, North Warrandyte
04-Oct-2017	1808	Point Post	Glenferrie Road, Hawthorn
27-Sep-2017	1807	Prince/Cut Loose/Cheesecake	Leinster Arms Hotel, Gold Street, Collingwood



# LAKESIDE HASH HOUSE HARRIERS

Trash Mag 2018

## TRAIL MASTER'S REPORT 2017-18— Prince

What a KOK UP!

Annual

20-Sep-2017	1806	E&B/Kenzie—Twin birth-days run	Tadka Hut Indian Restaurant, Wellington Parade, East Melbourne
13-Sep-2017	1805	Lethal	Gabriella Pizza, Koornang Road, Carnegie
06-Sep-2017	1804	Cut Loose	Hares House, Albert Park
30-Aug-2017	1800	Committee (Astro)	Bells Hotel, Moray Street, South Melbourne
23-Aug-2017	1803	Lubang Oz/ <b>E &amp; B/</b> for Cooch's surprise "Hot Summer Night" 60th b'day	Mister Minh, Bridge Rd, Richmond
16-Aug-2017	1802	Cheesecake	Misty's American Diner, Prahran
09-Aug-2017	1801	Kokup/Punch	Naughton's Hotel, Parkville
02-Aug-2017	1799	Prince (in absentia)	Terminus Hotel, North Fitzroy
26-Jul-2017	1798	Mothball/TigerMoth	Lynn Drive, Ferntree Gully
19-Jul-2017	1797	Udder Idjit/Gargoyle	Elsternwick Hotel, Brighton Road, Elwood
12-Jul-2017	1796	Codpiece	Sturt Street Reserve, Sturt St, Southbank
06-Jul-2017	1795	Peninsula Ladies Committee	Grand Hotel, Nepean Highway, Frankston
05-Jul-2017	1794	Klingon	Rising Sun Hotel, Raglan Street, South Melbourne

*It's been suggested that some of these milestones may need one of these...*

### Milestone Runs during 2017-18

Shu Shu 50 Runs	Swingers 100 Runs
Peanuts 150 Runs	Prickly Bush 200 Runs
Cut Loose 250 Runs	Lube Oil 300 Runs
Whippet 300 Runs	Punch 350 Runs
Kokup 350 Runs	Udder Idjit 600 Runs
Prince 650 Runs	Lots Of Fun 666 Runs
NickelB 700 Runs	Cooch 700 Runs
Klingon 900 Runs	Point Post 1050 Runs
G G 1150 Runs	



*...our faithful, often overlooked hasher*





# LAKESIDE HASH HOUSE HARRIERS

Trash Mag 2018

What a KOK UP!

Annual

Some of the TRAIL MASTER'S  
Poetic Ramblings

**Run No 1818 29 November 2017**

E&B's annual St Andrews Day Run

"Oh Lakeside Hashers, the pipes, the pipes are calling  
you

From glen to glen and on the setting sun.

For summer's here and all the flowers are blooming

'Tis for you dear Hashers, that pipe you out to run."

**Run No 1831 14 February 2018**

Cut Loose's St Valentines day. *This run is for lovers of great trails and good simple Aussie food in the convivial surrounds of Albert Park Lake!!!*

*I'Wow! I wonder what she and Astro have in mind? Instead of hash arrows, little heart shapes for us to follow? Maybe the checks will be heart shaped with little cupid arrows zinging out in all directions. And what about the drink stop? What do lovers drink? Ah yes champagne of course! Oh please! be still my beating heart! Lets set the Valentine mood with part 2 of what must surely be one of the great love poems of all time:*

*'Sweet on You' Part 2*

*You're sucrose, you're glucose*

*You're fructose and more*

*You're 1.5 metres of Toblerone*

*Stuck to the floor*

*You're Caramello Koala*

*You're a giant Freddo Frog*

*If you leak out caramel*

*I'll lick it up like a dog*

*I love you sooo much*

*That Im getting frenetic*

*But I cant even kiss you*

*Because I'm .... still diabetic.*

**Run No 1821 13 December 2017**

Cyclone Tracy's Docklands Park Run

A little bit of nonsense...

"Who's got some chalk thats long and white?

Tracy's got some chalk thats long and white.

Who's setting trail this Wednesday night?

Wednesday night,

Chalk thats white,

Must be Tracy

Must be Tracy

Must be Cyclone Tracy Claus."

"Who wears a Lakeside shirt of red?

Tracy wears a Lakeside shirt of red.

Who wears a sunhat on her head?

Tracy wears a sunhat on her head.

Hat on head,

Lakeside red,

Wednesday night,

Chalk thats white.

Must be Tracy,

Must be Tracy,

Must be Cyclone Tracy Claus"

"Who's going to Docklands for a run?

We're going to Docklands for a run.

Who calls trail on on on?

We call trail on on on!

On On fun

Docklands run,

Hats on head,

Lakeside red,

Wednesday night,

Chalk thats white

Must be Lakeside

Must be Lakeside



# LAKESIDE HASH HOUSE HARRIERS

Trash Mag 2018

**VERY VERY SERIOUS  
SECRETARY'S REPORT  
2017-18— Cheesecake**

**What a KOK UP!**

**Annual**



Lakeside Hash House Harriers has been an Incorporated Association with Consumer Affairs Victoria (CAV) since 1992. Small organisations such as ours, which operate for the benefit of the members, but which do not intend to make a profit or engage in trade, can register as an incorporated association. This means that members and office holders are protected against personal liability for the organisation's debts. A hash club could acquire a debt if, say, a visitor was injured on a run and sued the club. If a court found the club to be negligent, any damages would be limited to whatever was in the club bank account, but this protection would be contingent upon us meeting our CAV obligations.

Over the years, Lakeside has been a bit slack keeping our CAV registration up to date. Sometimes Annual Reports are submitted many months after the due date. Committee members change at every AGPU, people become ill, change jobs or travel overseas so it's easy for CAV obligations to be overlooked. Previously it was not always clear whose job it was to liaise with CAV or lodge annual reports.

Upon becoming GM, Kokup asked me if I would take on a newly created governance position of Lakeside Secretary for three years. The Secretary is not a Lakeside Committee member, but is an official position described in the CAV legislation. The Secretary's job is to lodge the annual CAV statement, including annual financial statements; to advise CAV of changes to contact or address details; and to ensure the association rules and membership lists are current. A three year tenure was suggested to get around the inevitable 'Committee churn' which always occurs following the AGPU. The on-going Secretary can advise the in-coming GM and ensure the new Committee continues to meet its CAV obligations.

Kokup and Gargoyle spent considerable time sorting our 2017 balance sheet and preparing our most recent financial statements while LuBangOz and Cheesecake updated our CAV details. From now on, CAV things will go smoothly... I promise.

*On On  
Cheesecake*





# LAKESIDE HASH HOUSE HARRIERS

**OTHER STUFF**

**What a KOK UP!**

**Annual**

## Mummies Boy's Night Out in the Middle East

*Hashemite Hash House Harriers Run 2187 Hash Trash*

*Venue: Dubliners Irish Pub, 19 March 2018*

*Hare: KGB*



*Mummies Boy as we remember him—  
wouldn't recognise him now though...*

Sequestered in the enveloping bosom of ACOR (the American Center of Oriental Research) in Amman while on a month's study tour, with its private suites, laid-on meals, laundry service, massive libraries, work-rooms, and endless flowthrough of interesting guests, there is little reason ever to venture outside. Nevertheless, one cool Monday evening in the middle of March, I rallied myself, having been given secret instructions by the deputy director's husband and HHHH identity 'The Dealer' (he's a pharmacist in real life); called an uber (of which there are about 45,000 circling in Amman at any one time) and drove through the gridlocked, neon-lit streets of Amman to the On On at Dubliners Irish Pub, to join my Mother Hash, the *Hashemite Hash House Harriers*, for approximately, as I calculate, my 13th run since 1989 (every one a gem).

With nary a camel, sand-dune or machine gun in sight, Hare and Sgt at Arms 'Chicken Shit' roared at the pack and set the runners and walkers off. I naturally joined the walkers, and I managed a sedate circuit of the malls, late night cafes, and up-market boutiques of the swank western suburb of Sweifieh, while conversing with local Hashers 'Open Mouth' (a dentist), 'Gypsy Jugs' and 'Sweet Cheeks'.

Back in the downstairs bar we had a leisurely meal after the rather noisy circle: FYI this was covered by a Hash Cash contribution of Hash Cash 6 JD (6 Jordanian Dinars = 12 Dollars AUD), for which you got burger/chicken burger and salad, with beer sold at 3 JD /glass (300ml), 4 JD 600ml. Thereafter, I conversed with local Jordanian harrickets 'Siamese Pussy' and 'Doggy-Style' (possibly vets - I didn't dare ask), not to mention expat 'Nice Tits', and Zahir Shah, visiting from Pakistan (who works as Imran Khan's speechwriter). Finally, all the hashers with risqué names deposited me safely home at ACOR.

**On on,  
Mummies' Boy**

*HHHH Run 2137 - From left: Budweiser and Zahir*



*HHHH Run 2137 - From left: Orgous Hon, Doggy-Style and Siamese Pussy*



*HHHH Run 2137 - Nice Tits*





# HOUSE REPORT FROM FIJI INTERHASH

What a KOK UP!

Annual

Lakesiders and ex-Lakesiders were out in force, partying and running around the hills of Fiji during Interhash in May. Next IH is in Mothball territory, two years from now in Trinidad

<https://www.interhashtinidad2020.com/>





# LAKESIDE HASH HOUSE HARRIERS

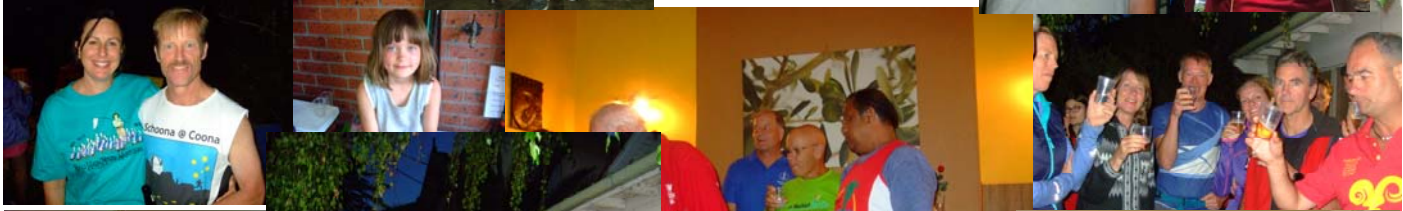
Farewells to Big Ears, No Balls and Let Me Look:

What a KOK UP!

Annual

Visitors, Virgins, returnees and New Members

Trash Mag





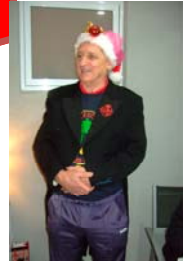
# LAKESIDE HASH HOUSE HARRIERS

Run # 1798—Christmas in July—Hares Mothball & Tiger Moth

Trash Mag 2018

What a KOK UP!

Annual



Run No 1798 26 July 2017  
Tiger Moth & Moth Ball's Christmas in July, 2018

"You had better dress Chrissy  
and wear a Santa hat  
Bring your Ho Ho Hos  
For a merry old chat  
The Moths are having Christmas in July"



"They know if you've been running  
They know if you've been slack  
They know if you deserve a treat  
From Tiger Moths Christmas sack!"



Ho! Ho! Ho! Merry Moths Christmas in July!



# LAKESIDE HASH HOUSE HARRIERS

Trash Mag 2018



UPI!

## The Melbourne Cup Hullabaloo

Presenting: The Lakeside Mug over 1600 metres

Scratchings: Punch, Egg and Bacon Pie, Colours

"They're racing. No Balls got away cleanly, Cut Loose on the inside of her followed by Cooch, Whippet and Lubang Oz got away the best. Astro Boy running three wide, two lengths to Klingon, Udder Idgit, Point Post and Swingers. Cheesecake hard against the rails, behind her 2Bottoms, fresh from a spell is pressing hard and showing a lot of cheek. Further back to Prickly Bush, Gargoyle, Let Me Look running in blinkers, Kokup, Mummies Boy, Quick Lay and last of all Prince. At the 600 now and its Cut Loose, living up to her name with a timely dash takes the lead followed by Cooch and Whippet four wide and with the job ahead. One length to Lu Bang Oz, No Balls not looking comfortable and dropping back, two lengths to Klingon, Astro Boy, then Swingers, a length to Prickly Bush pushing forward, then Two Bottoms looking for a run, on the inside running strongly is Gargoyle then Cheesecake, Let Me Look right in it, a length to Point Post, Udder Idgit, Kokup boxed in with nowhere to go, then Mummies Boy, Lubang Oz, Quick Lay and Prince now slowed to a trot and is unlikely to finish. At the 400 and coming from nowhere is Cheesecake, Cheesecake with the perfect rails run now third, getting mobile is Cooch - it might be too late- and Whippet looking to run on but still wide on the track. But its Cheesecake with a dream run is right in it, Cut Loose still has the lead, Let Me Look making ground, a length to Swingers coming at her, followed by Lubang Oz.

At the 200 its Cut Loose, half a length to Cheesecake, inside of her Let Me Look, then Swingers trying to find another gear. Cut Loose is fighting hard with Cheesecake challenging. Cheesecake going to the front 100 to go, Cut Loose on the outside, Cheesecake in front by a length, Cut Loose on the outside is trying hard, Cheesecake in front, C

ut Loose coming at her, Cheesecake is holding on, they won't catch her, Cheesecake will win! Cheesecake will win and take the Grand Ole Mug! Its Cheesecake by half a length to Cut Loose, a length to Swingers, Let Me Look, then Whippet who had nowhere to go, further back Cooch who had his chances, followed by Astro Boy, Klingon, No Balls disappointing, Prickly Bush, Kokup, Gargoyle and Mummies Boy better for the run, then came Lubang Oz, 2Bottoms who ran out of puff, Udder Idgit, Point Post, Quick Lay and last of all Prince who broke down at the 800, his right leg troubling him and will be spelled indefinitely."

On On  
Prince  
Trail Master





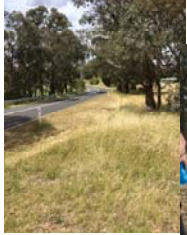
# LAKESIDE HASH HOUSE HARRIERS

**Run # 1820—The Christmas Run—Hares Swingers Pegmatite Run of the Year**

2018



PI!



## The Melbourne Cup Run



This is Cheesecake trying to convince us that she cooked!





# LAKESIDE HASH

## HOUSE HARRIES

Trash Mag 2018

**Awards**

**What a KOK UP!**

**Annual**

### Lakeside Awards for 2018

Run of the Year	1820	Swingers / Pegmatite	Christmas Run at Kangaroo Ground. Great bush running through Yirrip Reserve & surrounding bush tracks and a Drinkstop with unbelievable views. Runners were kept fairly tight and the walkers were not far behind to the Drinkstop.
Run - Walk Report	1838	Astro	Howard Dawson Reserve. A very funny report about getting lost, accosting strangers, heading to the wrong station and being abandoned at the drink stop.
Best Food	1826	Lotsafun / NickelB	Curried prawns and curried fish followed by jellied rambutans.
Best Drink Stop	1832	Let Me Look	Rotunda in Hopetoun Gardens, Elsternwick. Watermelon infused with Vodka, lollies, biscuits, Hash Splash & Beer. No one wanted to leave.
Fakawi Award	1845	Codpiece / Old Boar	Sturt St Reserve. Lots of maps, but walkers still got lost. Running pack lost trail at Southbank and spread out like ants.
Most Spectacular Injury	1806	Prince	Sustained a deep cut on his leg after colliding with Tahlia's bicycle on E&B's birthday run round the MCG. After much discussion, he was taken to hospital by Cooch and our visiting Tricky Dicky, not returning until after everyone but visiting Gringa, the GM and the hare were all that remained, and Prince had 12 stiches to show for his absence. ..but he still only missed one run.
Kokup of the Year	1819	No Balls	For throwing out Mothball's beautiful rum punch after thinking the freshly grated nutmeg on top was spilt sand.
Certificate of Appreciation	1798	Mothball & Tiger Moth	For Christmas in July last year, the Moths' back deck was decorated in garlands, flashing lights, tinsel, gold plates, Christmas decorations, bon bons, laser lights in the backyard & a gas heater. The food was spectacular and Codpiece who has dined in many fine restaurants here and overseas applauded Tiger Moth's fabulous dishes. The dishes were as nice and tasty as at Birragurra and Attica.



# LAKESIDE HASH HOUSE HARRIERS

**Grand Master  
2018-2019  
ASTRO**

And now it's time to announce...

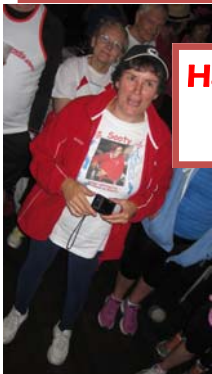
Ann...  
... the new GM -



... and his young, spritely,  
ever efficient COMMITTEE  
for 2018-2019 ....



**Sergeant at Arms—  
Whippet**



**Hash Cash—Gargoyle**

**RA/Circle Drinks—  
Klingon**



**Social Sex—  
Udder Idjit**



**Haberdash—  
Hooray C.O.**



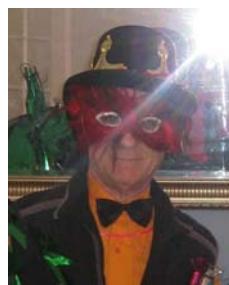
**Trail Master—Prince**



**Hash Trash—  
Cheesecake**



**Web Master—  
Swingers**



**Grog Master—  
Kokup**